



ASSAM
down town
UNIVERSITY

Anti-Substance Abuse Policy

Version: 2.0

w.e.f: 07-02-2025

Assam down town University
Sankar Madhab Path, Gandhi Nagar,
Panikhaiti, Guwahati-26, Assam

S.No.	POLICY PARTICULARS:	
1.	Name of the Policy	Anti-Substance Abuse Policy
2.	Policy Issue/Notification Number/Memo Number	AdtU/IQAC/Pol-2025/02
3.	Date of Release	06-02-2025
4.	Effective From	07-02-2024
5.	Approval Date	07-02-2024
6.	Version	2.0
7.	Policy Title (Required)	Anti-Substance Abuse Policy
8.	Superseded by	N.A
Approved by		 Prof. Dr. Pratyoush Singh Pro Vice-Chancellor Assam down town University 

ASSAM DOWN TOWN UNIVERSITY (AdtU)

SMOKE-FREE POLICY

1. Purpose

Assam down town University (AdtU) is committed to providing a healthy, safe, and clean environment for all students, faculty, staff, and visitors. In alignment with the *National Policy on Narcotic Drugs and Psychotropic Substances (NDPS) Act, 1985*, the *University Grants Commission (UGC) Guidelines on Substance Abuse Prevention (2022)*, and relevant national directives, this policy aims to ensure the physical and mental well-being of all members of the university community by maintaining a **substance-free campus**.

2. Scope and Applicability

This policy applies to:

1. All university premises, including academic blocks, laboratories, hostels, administrative offices, libraries, canteens, sports complexes, auditoriums, parking areas, and open spaces within the campus.
2. All individuals on campus, including students, faculty, non-teaching staff, contractual workers, vendors, visitors, and guests.
3. All university-owned or leased vehicles.
4. All forms of tobacco and nicotine products—such as cigarettes, bidis, cigars, pipes, khaini, gutkha, chewing tobacco, pan masala with tobacco, hookah, and electronic cigarettes or vaping devices.

The policy covers all forms of **substance possession, consumption, distribution, or influence**, including alcohol, narcotics, hallucinogens, inhalants, stimulants, prescription drug misuse, and any psychoactive or intoxicating substance not prescribed by a licensed medical professional.

3. Definitions

1. **Smoking:** Inhaling, exhaling, burning, or carrying any lit tobacco or nicotine product.
2. **Tobacco Use:** Any form of tobacco consumption, including chewing and smoking.
3. **Substance Abuse:** The use or misuse of any psychoactive or intoxicating substance (including alcohol, narcotic drugs, psychotropic substances, and inhalants) that may impair health, judgment, or performance.
4. **Possession:** Having control or custody of any prohibited substance, whether for personal use, sale, or distribution.
5. **University Property:** All land, buildings, facilities, and vehicles owned or controlled by Assam down town University.

4. Policy Statement

1. Possession, consumption, sale, or distribution of alcohol, narcotics, or any controlled substance is strictly prohibited in all forms, including cigarettes, bidis, cigars, e-cigarettes, chewing tobacco, gutka, khaini, and other nicotine delivery products.
2. No person shall sell, distribute, or advertise any tobacco or smoking product within 200 meters of the university premises.
3. The university shall display “No Smoking” and “Tobacco-Free Zone” signage prominently at all entry points and throughout the campus.
4. Violation of this policy will result in disciplinary and/or legal action as per university rules and COTPA provisions.

5. Responsibilities

a. University Administration

1. Ensure proper implementation, monitoring, and enforcement of this policy.
2. Directorate of Student Welfare will lead the awareness initiatives and cessation activities within the campus
3. Conduct periodic inspections and submit compliance reports to appropriate authorities.
4. Promote tobacco cessation programs and awareness campaigns.

b. Departmental Heads and Hostel Wardens

- Ensure compliance within their respective areas.
- Report violations to the designated authority for action.
- Encourage awareness and counseling among students and staff.

c. Security Personnel

- Monitor campus entry points and report any violations.
- Prevent sale or distribution of tobacco or any other substance products within or near campus premises.

6. Awareness and Education

1. Organize orientation programs, seminars, and workshops highlighting the health hazards of smoking and tobacco use.
2. Observe World No Tobacco Day (May 31) and similar campaigns annually.
Collaborate with health professionals and NGOs for tobacco cessation and counseling services.
3. Disseminate awareness materials such as posters, pamphlets, and social media campaigns.

7. Enforcement and Penalties

1. First-time violations will receive a verbal warning and guidance on the policy.
2. Repeated violations will result in written warnings, fines, or disciplinary actions in accordance with university regulations.
3. Vendors found selling tobacco products within the restricted area will be reported to local law enforcement authorities.

8. Monitoring and Evaluation

The Smoke-Free Campus Committee, chaired by the Registrar or a designated senior official, shall monitor the effectiveness of the policy enforced on is as basis and will recommend changes/reviews as and when necessary or unless otherwise.

9. Policy Review

This policy shall be reviewed biennially by the University Administration to ensure compliance with updated laws and to incorporate best practices for health promotion and environmental sustainability.

10. Effective Date

This policy shall come into effect on 07th February 2025 and shall remain in force until further notice.